

KS1 Overview of topics

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Gym- Body Management Games- Locomotion	Dance- interpretive dance Athletics	Gym- Floor Exercises Dance- Performance Dance	Gym- Flight Games – Object control	Games – Net/Wall Sending and Receiving	Games- Sending and Receiving Locomotion
Year 2	Gym- Body Management Games- Object Control	Dance- interpretive dance Athletics	Gym- Floor Exercises Dance- Performance Dance	Gym- Flight Games – Sending and Receiving	Games- Net/Wall Locomotion agility	Locomotion Athletics

KS2 Overview of topics

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Gym- Body Management Games- Invasion	Dance- interpretive dance Athletics	Gym- Floor Exercises Dance- Performance Dance	Gym- Flight Games- Invasion 2	Games- Net/Wall Athletics	Games- Striking and fielding Athletics
Year 4	Gym- Body Management Games- Invasion	Dance- interpretive dance Athletics	Gym- Floor Exercises Dance- Performance Dance	Gym – Flight Games- Invasion 2	Games- Net/Wall Athletics	Games- Striking and fielding Athletics
Year 5	Gym- Body Management Games- Invasion	Dance- interpretive dance Athletics	Gym- Floor Exercises Dance- Performance Dance	Gym – Flight Games- Invasion 2	Games- Net/Wall Athletics	Games- Striking and fielding Athletics
Year 6	Gym- Body Management Games- Invasion	Dance- interpretive dance Athletics	Gym- Floor Exercises Dance- Performance Dance	Gym- Flight Games- Invasion 2	Games- Net/Wall Athletics	Games- Striking and fielding Athletics